

My Somerset Life

A diary by Brian Snellgrove

- My Somerset Life
- Diary Entries
- Writing a diary
- About, and User's Guide
- Creative Listening service
- Privacy Policy
- Contact
- Thoughts
 - Blood clots
 - Enlight and Godlight
 - Interacting with others + the disadvantage of being nice.
 - Is Jesus only our local hero?
 - Loneliness or enjoying your own company?
 - Mobile phones – neutrinos and everything
 - People of different nationalities – the myth of separation
 - Personal energy and life readings
 - Quantum Entanglement
 - Sanity and Insanity – where do we go when we die?
 - The Second Coming of Jesus – where is he?
 - The twisting of space and other matters
 - What is sin?
 - What is the brain?
 - What vibrations can improve our lives?
 - Will the truth survive?

Back to normal – the Bath and Kennet Canal (again)

All Quiet on the Western Front

It is nice to have a day off after yesterday's tumultuous question in which I asked whether Kate Middleton was dead . I had record viewing numbers and a number of colourful and varied comments about my subject material. This page, yesterday's, will be a continuing story as I hear more evidence which so far is pretty damning . I've also said that if I am wrong and Kate Middleton reappears bright and breezy then I will take back my words . I'm not referring to a look-alike Kate Middleton but the real thing .

Frome – Christian Men's Zoom meeting

Last night we had a small but satisfactory zoom meeting with about six members of the Frome men's group. We talked about the highlights of our week but then started to talk about David, the David in the Bible who wrote all the Psalms, but he was also an army leader. He had weaknesses and saw a woman bathing naked and decided he wanted his way with her. Unfortunately the husband was a loyal and faithful army subordinate so he sent the husband to a dangerous place when fighting another battle in the hope that he was killed. This in fact came to pass.

Do we talk about Jesus to people we meet?

We also discussed whether you should talk to people about Jesus when you meet them in the street. I said I do my best to enliven people's spirits but would not raise the topic of religion unless requested. I think such forward talk can be an infringement and can be the means whereby they are turned off

any interest in religion that they have.

I know that Christians Against Poverty which is a charity of Christian nature always ask if they can pray with clients. This is a different kettle of fish because the clients know that this will probably happen and they also know that CAP is a Christian charity.

We ended the meeting by praying for the wife of one of the members who had had a seven hour operation to do with a stomach and bowel. She is currently very low in energy and all the husband can do is to visit her and offer his support.

Pornography – is it unconquerable?

We also had a quite amusing discussion following on David's example about pornography. I said what a huge industry it was not to mention the pedophilia element . One of the men suggested running away from looking at a woman but I was not quite comfortable with this. I suggested that if we loved and respect everybody the lust and desire mechanism would be considerably reduced or at least kept in control . Lust is about violation and I think in our hearts of Hearts we know that this predatory behavior is inconsistent with being a human being , more consistent with being an animal. This is not a good long-term plan. I believe in the opposite, in imagining that we are in heaven where everybody is one, and acting accordingly.

My rules of which ZOOM meeting I attend

Prior to switching to the men's meeting I was going to attend another meeting about relating to other people. I did visit it. Out of 22 attendees, 14 people chose not to show their screen images. I have a rule that I do not converse with people by talking to a black square. I stayed with it for five minutes and then went over to my men's group zoom meeting which was being running simultaneously.

An unexpected day out

Last night it became necessary for us to organize a visit to my dentist in Bath so I thought the two of us would go together for mutual support. In theory each one of us could have gone on our own but I decided for reasons that I did not know that we go together. The day showed some signs of good weather in that we could actually see blue sky even though such an occurrence only lasted for half an hour or so.



Nice to be around when there are few people. Everything is quiet.

Visit to Bath and Kennett Canal

We decided to visit the Bath and Kennett canal and have coffee in the visitors center. Prior to the coffee we went to walk at my favourite place where the railway, canal, and river co-exist. As is our custom we talked to anyone who moved and we met an older couple who were both recovering from an operation and decided to exercise and take some fresh air in order to recover. I passed a lady who had a wonderful smile and I drew her attention to it and said that she should keep smiling all day. I know that when I say things come up I haven't a clue of

why I say them because in the cold light of day I say some pretty daft things but it seems right to say them and people react positively so who knows?



Someone taking pride in their area

On the way back we went to visit our favorite ford, in Wellow (look up my previous references of which there are many) and found that we could drive over it as the water levels were low, which we duly did. After a very circumlocutory journey we ended up in Radstock where we visited a few shops including Lidl and so back home.

Testimony and support for friends

I was motivated to call a Christian friend who attended the Frome meeting last night and reminded him that we are told in the New Testament to *'Seek ye first the kingdom of God and his righteousness, and all these things shall be added unto you'*. That is Matthew 6:33 if you want to look it up. I said to my friend John, it does not say afterwards *'and then run round like a headless chicken'*.

We're not supposed to run the universe but just be part of the dynamic between the human being and the force of love that created us. I bore this in mind this morning and did not think of my own needs but about spreading the experience of sharing, which in my view is the epitome of the Christian Faith.

Encouragement to someone who is giving a workshop this weekend

I also wrote an encouraging letter to a friend of mine who is giving of course this weekend. I realise this is completely unenglish to actually encourage someone when they did not ask for it but this is what I wrote.

In an act of Brotherly Love (from the Greek 'frater') I say the following

- # This is a gift to you.
- # You already have the entire universe of knowledge already within you.
- # The attendees at your seminar or workshop this weekend will spark off your sharing what you already know.
- # People who are this weekend are meant to be there and they are ready for what you have to say without being aware of it.
- # If someone cancels then they are not ready.
- # It is not your job to spoon-feed them but to be enough of a catalyst to help them in their own development.
- # They have to do the work
- # You already have an overflowing cup of knowledge largely due to past life achievements and the means to get more knowledge 'on the hoof' so relax and enjoy yourself and do your part of the job .
- # It is the wavelength of love that is the source of all information that is of any value.
- # You are not designed to be a super busy or busy person. It

does not suit you !!!!!

Try being a sublime person. Much better, saves energy.

It is possible to over-prepare for something . There is no harm being a bit untidy.

By being yourself you ARE The Catalyst

That is all I have to say so enjoy your weekend

en – joy enjoy (v.) enjoy. (v.) late 14c., “rejoice, be glad” (intransitive), from stem of Old French enjoir “to give joy, rejoice, take delight in,” from en- “make”

The People’s Health Alliance



Glastonbury at night. It is definitely a day town where visitors, mostly from abroad, come and sample the unique high street. We are very lucky to live so close, though I would not want to live there.

This evening we went to a meeting of the People’s Health Alliance in what is to become a Glastonbury hub where all sorts of alternative treatments for the human condition, based on quantum entanglement and on frequency will be launched. There were about 100 people gathered in the Town Hall. For the

first time we had decided to participate in the excellent 376 bus service from Bristol to which is just beyond Glastonbury.



I have always said that you can tell the quality of a town or village Council by the tidings of its notice board and someone takes the trouble to keep this board up to date. Good for you, people

We drove by car to Farrington Gurney and took the bus from there which takes about 40 minutes. In country areas the last bus back cannot be guaranteed by any means but in the case of Glastonbury to Bristol the last bus was 9.56 pm. which meant we could attend an evening meeting without being stranded.

e heard an excellent talk by **Dr Joe Whitaker** about how water can unlock your superpower, cleansing your mind, body and soul. We also had a remarkable talk by **Dr Alex Ling** again about water and saying how it has a secret language which together with sound is capable of resonating deep within us all. He said that the eclipse of the moon on the 8th of April would catalyse a change in Earth's energies which would resonate for the next 12 months.

However the first talk was a very unconvincing presentation about an American healing method called the Energy Enhancement System. It was their first presentation of the two people made a complete mess of it through that whole preparation and

prematureness. You do not announce a website with plenty of videos when there is only one on the site. When you have a slide presentation you always practice it first. You do not read from us script but speak directly from the heart. They had no offices and no means of offering a service to the public but they would have at some future time. During this first presentation, quite a few people walked out but the second and third talks made up for the rest. I take the view that if things are meant to be, they will happen.

Driving at nights

It is probably because I'm getting more senior but I didn't realize how much of a stress it was driving at night. My main problems are larger cars with headlights that keep them on full beam even though they should dip them when they see other cars. I have found myself almost blinded and not seeing where I'm going.

Anyway a great and colourful day. Yes there was yet more rain but we get used to it for some perverted reason,

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Is the Fourth Dimension a progressive or a retrogressive spiritual step?

Have I written the most unreadable blog ever? (today's specialist blog). I realise that dimensionality is not everyone's cup of tea or coffee. I realized that most people are more concerned about what they're going to have for lunch, how they're going to pay the bills, and so such existential topics as dimensionality are in the far distance. I decided to write that entry for me for once. I describe what I'm doing, the up days and the down days, anything of note that happens. For all I know I may be boring everyone to death but if I can set an example of how to write diaries or blogs then I'm not wasting my time. I do enjoy reading my previous

escapades and when I returned to a place I reminded of the useful venues to visit again. It is a great therapy and sharpens the mind greatly.

Two articles have caught my eye this morning. 'Guilty of driving while white' by Niall McCrae and Supermarkets are driving farmers into the ground, by Sally Beck. This is not meant to be a political diary but I have to faithfully report and what I find and the effect it has on me very much like my exemplar Samuel Pepys who if I may remind you was the inspirer of this work. The first article is about the gradual diminution of our rights to for example drive our own car and the second one is far more serious for everyone about how supermarkets are giving growers the run around and paying late, canceling their orders, cutting prices to the bone etc this may result in food shortages when farmers have had enough and want to give up farming.

I spoke to a lovely friend of mine. He is called John Samways and we are brothers in spirit in terms of service to Christianity. I said that at the recent men's breakfast the food was cooked with such love that it came across loud and clear. He said that the most important things are small acts of service that we perform every day. Sometimes I wish my friends were closer to me so I could pop in and see them. Mind you he is not too far away, in Frome, which is about 10 miles away

We spent a very nice sunny day on the allotment doing our preparation for the season. Apart from that I have nothing else of any value to report. I spent four hours a day writing the article on this morning's topic occasioned by my friend John's chat so I'm pretty well zoomed out and computered out.

Dimensionality and some of its aspects

The labour and difficulties of translating a Zoom chat into a conversation that can be understood by everybody should

not be underestimated. These are technical chats that I have with my friend John who's input has been featured in these diaries. Today's conversation lasted 35 minutes total elapsed time with some irrelevances left out. Even with that, the task has taken me at least four hours to edit the words, to remove repetitions which are a normal part of our language, and make sure I understand where we both stand in this matter that is not the easiest in the world because we are part of it so we have to be objective. Please regard this diary entry as work in progress and I will revisit it from time to time and add to it as inspiration inclines. PS This was written not to elicit sympathy but to inform you if ever you decide to take on such a task.

Brian: I would like to read what a chaneler says "in the fourth dimension we see the differences between the parallel universes manifesting themselves, the lessons and contrast between them are beautiful in the fourth dimension. Creatures of many universes exist simultaneously and the beings of many worlds find one harmonious state on the path in a higher level of existence.

Brian: You say that with regard to the fourth dimension you've had it when you get there – you're gone, you're lost and so great are the differences that I question the basis of the whole thinking. Is it a question of semantics? Are we saying dimension where we mean structure or what what are we saying?

John: Dimension is in other words physicality. It's a restriction which begins in this universe with atomicness and that then generates force and so beings are in this dimension because of its structure and are actually set within one parameter of life whereas you can tell if you differentiate between consciousness and matter in other words our consciousness and / or our body we tend to translate this conscious being as a physical being within a dimension.

So we consider ourselves as three-dimensional beings and our consciousness is nothing in a three-dimensional world. It

doesn't exist. It can't be demonstrated to exist within it by any scientific means and yet we know we have consciousness and some people like the majority of scientists and an awful lot of people don't believe that they have consciousness so consciousness can in fact exist in any dimension in any dimensional state.

So what people do is to make the mistake of placing your body within these dimensional boundaries and then saying we will experience this or that, and in fact that's not really true because the whole thing is an experience of consciousness which resides outside of a dimensional state. How much does a thought weigh? How do you measure a thought?

Brian – It still does not answer the question why The Arcturians and so many others talk with the fourth fifth six seven eight ninth dimensions.

John: that's what happens when you include all the interfaces. Each dimension has three phases to it. It is like an interface between water and air for instance, or oil and water. An interface has something which is the interface itself. It's neither one thing nor the other and then it has edges where you approach so if you're coming up out of water into air, the water molecules towards the air interface are different to the ones in the bulk of the water for instance. They are approaching a change, a surface so there are differences on either side so interfaces are not clear clean lines. One merges into the other as a fuzz so you have a fuzz on both sides with a central part of the interface which is its own property.

Brian: so is it a morphing a process?

John: it's more like a fuzzy boundary with a center line so when you're really in the interface you're in neither dimension. There is a merging of one thing to another.

Brian: so is that where you have to apply clear thought and compass type of thing to get yourself into that dimension

firmly?

John: absolutely. You have to cross those interfaces, so if we take the interface to the second dimension, because we have solidity and separation here, that's not present in the second dimension. and so you've got to phase into it and so you have at the edge what Jesus said 'the kingdom of heaven is like a net' so this side of the interface with the second dimension has got elements of two and three dimensions in it. So it's like it's a net, it's essentially a triangular net so you're trying to define credibility but you are only at the interface. It's not fully three dimensional until you move past the interface into the third dimension similarly you have to lose the separateness of things in the third dimension to return to the second.

Brian: so that's why we have to so-call repetition is in fact establishing ourselves as the default

John: provided the repetition is pointing the compass in the right way. Interfaces are not clear boundaries. They are elements of of the two things which generates a third thing. it's different to either side of the interface.

Brian: so if you're in the muzzy area a different set of criteria and apply...

John: criteria starts a change so as you become say a better person in this context of humanity. Asian become a better person with your compass pointing into the perpendicular to that interface then your repetition and practice will carry you through the interface into the next phase. Otherwise you can approach the interface and you can actually be there. So for instance the highest beings in three dimensions, the best ones, will be at that interface.

Brian: so we must be doers of the word and not just hearers

John: absolutely. You are known by your works. These

interfaces are just where one thing meets another and they have got a totally different architecture to them. As they merge into each other it doesn't suddenly change. Thing is that all all of these major changes between what we call dimensions so when you have like the first dimension it's merging into the second is a fuzzy effect so that part line this and part two-d flatness and and therefore there's a merging of one with the other but you can be on those interfaces and then have properties of both.

Like almost like another dimension within a dimension and because each each interface has got three phases to it that was points towards a lower dimension and that which points to a higher dimension and a bit in the middle which is like the average of all of that, then the interfaces themselves count as dimensional properties and therefore when you want to consider the 11th dimensions you can take that there are... I have not added them up but you can you can actually play with it. They say there are 11 or 26 dimensions. It depends on whether you count these edges as three edges because now you've got the two fuzzy bits and the bit in the middle plus the dimensions themselves when you're in the bulk of those dimensional states ... they are all analogies really.

Brian: you could do a factorial job and produce thousands of combinations couldn't you?

John It depends in which way you want to look at it but this concept a higher dimension, 11 dimensions all wrapped up. Science says says they're all wrapped up within the three dimensions what that really means is there's a bunch of these interfaces which are really psychological states. Because the universe is made by consciousness it is therefore made of consciousness because it's frozen with respect to its atoms. Atoms are really a different state of consciousness where restriction is final, it's total<

Brian: as in "in his service is perfect freedom that's what

we're aiming for.

John: you get a release of all of these secondary states and effectively when you get that if you can get to a zero dimensional state you have the potential for all things, so you have a maximum freedom as a potential but as soon as you go and do something you reduce it. If you have a choice to get a bus or a taxi then you get a taxi and you will no longer be able to get a bus. The nature of making a choice reduces the next choice the bandwidth for the next choice you can make because you have selected something.

Brian: so the road to hell is indeed paved with good intentions if you get your compass wrong.

Brian: I still dont 'get' the fine points of dimensionality.

John: you don't have to worry about it then. It's not an important thing to know if you are going to go with the qualities of mind such as goodness or badness and kindness and all of those different things you can work with those and the physical attributes that reflect such things or promote them or restrict them. Dimensionality is really just an extra bonus so that you roughly know where these things are conceptually in relation to each other. The actual science of it is not that important really.

Brian: yes but when it was suggested by some that as a 4D soul you'll be lost that has some weight but these Arcturian guys are saying 4D or 5D is wonderful.

John: The thing is you got to decide what you believe of all of that. In my mind I've just go through it. In my mind the idea of Godhead as zero dimensional means it's outside dimensions which means all things are available in potential to be. One dimension is a restriction of that of the all it's less encompassing than the all zero dimension, two dimensions is a flat plane so you're actually a flat plane which is even more restricted because it's got two variables associated with

it. A third dimension has got three and so you've got restriction on all sides and that's where you get atoms from and atoms are the most restricted form of the third dimension.

Brian: It's still doesn't explain why the people who say they're in the fourth dimension and first dimension seem to enjoy a greater amount of Unity in terms of description.

John: Well if that's true then go with that. I want absolute truth so don't worry. Relativism doesn't help There's adding another dimensional state which can't be done from the third dimension by the way because you're actually in a torsion rather than a dimensional continuity so it can't actually be done. You can reach the interface of it but when you reach the interface the interface is the limit of observability of consciousness, as consciousness can only really reach that far from the logical point of view.

Brian: I dont get this torsion business.

John: if you have two dimensions then they each try to do what they did before as lines and now as plains and so to the natural mathematical continuity is one two four. The problem is that three exists and so that that confuses everything because there's not room in the third dimension for the full logical geometric expansion of 2D. So something gets lost so you have only got one and a half lines.

The second dimension mathematically is trying to make four dimensions.

Brian: so it can only make four dimensions that's the tendency of ...

John: that is what gives it congruency but the problem is that the third dimension it has to go through the third dimension to get to the fourth and so therefore it all becomes... that happens you have to twist up part of that dimensionality to make this a twisted state, so that's why we have a universe

which is between the two effects.

So the fourth dimensional interface that you can get is really the natural place that second dimension wants to achieve and that's why we have things like entropy and rotting and that's why we have this tendency for things to break up because that's a natural tendency of two to four. Everything is then breaking up, but the problem is that it is twisted now. It's actually a bounce back on itself, made a compromise by actually making a pseudo two three dimensional state which is called a mobius thyrroid.

Brian: so it's inherently unstable while we're alive

John: and the problem is that you can't naturally see the interfaces anymore because it's all curved, so you go round and round and round. An atom is a mobius thorrroid. If you look at the electrons when they measure the electric vectors and stuff like that the electron has to go around the atom twice, so if you look at the concept of a mobius strip you'd have to go essentially twice the distance to get once round it. It has only got one side yes one side and yet it is a three-dimensional object. That is the compromise of having the third dimension in between the geometric symmetry of two to four.

Brian: so that's why people are so easily misled, because they think they're going in one direction, they really do believe it, and actually they're going in another. That's the great deceiver the great deceiver.

John: You have got to take the conceptual frames that are around the side of that loop such as caring and love and things because your soul is not a mobius but it is in one. Space time is a twist and we are within that twisted space so therefore we've got to take things – conceptual frames – which are outside of that in other words two-dimensional and so that that state includes togetherness. It is bringing things together rather than separating things. It's the opposite of

what goes on in the universe with entropy.

it is a full time job. That is why it is so difficult for us human beings to really grasp that. None of us none of us fully do. I hope that makes sense. It's quite an important point.

More on interfaces: And then it ceases to be conscious and then it becomes subject to consciousness which is the atom and the observer effect and the double slit experiment that our atoms are made and eventually the atoms fall apart and all your left with is an information field or a heat field then otherwise everything is totally separate when it reaches total separation it folds back on itself logically because it becomes an absolute and when it becomes an absolute and remember God is the sum of all absolutes then you've got the complete cycle right so does it make sense

Further discussion on information/heat fields.

the next one is an information field or a heat Field<

John: this is about the generation of atoms. If consciousness is required for the universe to exist we have a thing called the observer effect. So an atom has to be observed in order to be an atom so that means that you've got somebody who's aware that can observe that to be. If consciousness generates atoms you've got to go 'I want an atom'. I want to see the atomic state so if you take that back to the to the theoretical Big Bang where you only had one little particle of reality then it pre-supposes that consciousness must have been there to make that happen.

So consciousness therefore precedes the universe so all of what science and everyone says about consciousness being an emergent function of the universe is the reverse of the truth. The truth is that consciousness is the major part of the Universe and the atoms are the decayed frozen functions of

small parts of it. Therefore when you get to be an atom you no longer have awareness, and so you become subject so because it's thought it's still part of you essentially, and so what's going on is that you start out with higher beings that are aware and can control atoms by observing them to be that, but as the decay increases in the bandwidth of understanding decreases it decreases eventually to the level where the awareness is no longer exposed and it's captured within the atomic frame because it hasn't got much space to move around in within there and therefore you move from an aware state to other things being aware of you as an atom.

You lose the awareness and then you become subject to awareness, so in other words you can't exist without somebody else observing you to be that, so consciousness is an essential function of the universe. We can't just all leave because there wouldn't be any atoms either.

Brian: so is much depression because you do see yourself in a faulty way or you miss read who you are<

John: Absolutely because you look at who you are and not who other people are because the objective is to bring things together, to bring people together, and you don't do that if you're looking at yourself... eventually the atoms fall apart. eventually when it gets towards the fourth dimensional interface even the atoms can't hold themselves together and they all become effectively what we call a 'heat field' or an 'information field' so all information is there but there's nothing to spot it nothing to observe it. Information only has any value if there is something aware that can actually derive meaning from it.

n information or heat field is what you get at the end of the universe so everything is totally separate when it reaches total separation. So what happens is that once you get to this heat death state and you're at the edge of observeability of all consciousness in the universe, and what happens then is

that you cannot have total separation because if it comes total it becomes an absolute and that's the final absolute that makes God the sum of all absolutes so then it returns logically and so the entire continuum of God is satisfied because you can actually see God from outside of God through the universal system and it eventually ends up back as an absolute and returns to zero.

Brian: A bit of a slow train and long long circuit isn't it.

John: Billions of years

Brian: I haven't got time for that John

Brian: I question that the use of the word dimensionality

John: you do in the context of what you're seeing from other people talking about dimensions. They're talking, they're trying but they're mixing up the concept of a widening perception or bandwidth of understanding and they're calling it an additional dimension. In fact the use of the word dimension is really an increasing restriction so they're using the term dimensionality wrongly.

Brian: so a lot of people are using the terms wrongly

John: Absolutely. And there is always the tendency that going to it this is again to do with the compasses there's always this tendency for for people to go with the entrophic drift in terms of what they think is an improvement and so this is why we know how societies that are full of complexity and technology and where we consider that to be a higher state than the primitive state we were in before we invented anything. Whereas is in fact in terms of consciousness and awareness it's the opposite of this trait. We're becoming more and more restricted as living things and we're making prostheses using technology to cover that up and so in fact the amount of technology we have is an indictment on us for being more primitive in terms of our ability to do things naturally. (telepathy etc).

Brian: you're lucky living in the country because they're going to do 5G in all large towns now. 56. So ignoring science and so I mean basically bribed so it's going to get more and more difficult to find somewhere to live without going mad.

John: Don't forget that you've got to be susceptible to it in order to suffer. If you got a higher awareness you might not be susceptible to it. Jesus himself when he died when into the cities below the Earth for three days

Brian: to check them out you may not test himself?

John: essentially souls get trapped in magnetic bottles. The earth's magnetism can catch you if you are weak enough or materialistic enough.

Brian: so the materialist in you is like a magnet

John: yes

Brian: well I'm going to search for another word for dimensionality because it's annoyed me for years.

John: well they call it a dimension it's really a reference to an extra dimension to your understanding but it's not a physical dimension.

John: Ok that helps a bit. They don't really realise that and they try and turn it then they've heard from science like that float in that video you know different theories would tell you the very so many dimensions in fact you can work out why there are 11 if you take zero and then there's an interface to one and then there's an interface to two and each one of those it's got the the 1 to 2 side and the 2 to 1 side. It's a bit like coming up through through the surface of water. The water itself changes right near the interface and that becomes a different place to be and the air itself when it's very close to the water becomes still. It can only move in so many dimensions itself. It can't go down into the water and therefore you've got and then there's the interface itself where the atoms of the water are actually forming a skin.

Brian: so I'd like to say instead of dimension as it I'd like to say degrees of freedom

John: That will do.

Brian: Because it does my head in it really has been making me almost ill thinking about it.

John: again people are taking these essentially mathematical functions and trying to apply them to consciousness which doesn't exist within those frames. It becomes entangled within them but the idea of 11 domains as has been claimed they're all wrapped up within the structure of the Universe itself but this big twist that occurred is the wrapping mechanism for all of those.

Some we can see. some we call forces such as the strong nuclear force and all of those things those are aspects of these other interfaces which are sort of meshing in with three dimensions itself but you can't go beyond three dimensions as a physical system but you can conceptually. Mathematics does this all the time, you can have any number of dimensions as in a mathematical equation.

Brian: What about the people, the souls of the people who were before Jesus came. Did they all suffer a disadvantage in not knowing the truth

John: Jesus actually ... let's say it was like he made going through treacle like going through water.

Brian: but what was what was the nature of his sacrifice in those terms. He gave his life for many we always say that, but actually what does it mean. Was he the the first one to make a breakthrough?

John: He made a breakthrough in the interface to paradise

Brian: so in theory because he did it he's shown us the way and anyone with an inherent was at a distinct advantage but only not for ourselves but to be an example to others.

John: to towards that that hole in space time if you like in

other words point your compass in that direction and you will go through this access point that Jesus created.

Brian: Without his creation of the access point we'd all be in more trouble.

John: you couldn't actually go to what he calls heaven without a long drift through the different interfaces. They made it available for human beings to go straight there straight back to God whereas that wasn't possible before, because the forces on the Earth, entropy acting on the earth increases force to such that that is no longer available and so somebody like Jesus will come along and lighten up the whole thing and make it less tense and therefore souls will less able to be trapped by it.

Brian: so do you think that our technically advanced Arcturians are closer to God than we are not because of the technology but because of their evolution as recognizing that love is one and this is important I mean is there another route?

John: there is a huge technology that the thing with our society is we have come to believe that the technology is bettering us whereas other civilizations for instance we'll use technologies or will be able to manipulate matter in such a way that they are not tied to the products that they make. So in other words that higher beings, people that are less restricted for instance be able to naturally communicate with each other and therefore the use of radio and television and all of those different things is irrelevant you don't need them.

With consciousness you've got to find a perpendicular interface. People have a tendency to go with the entropic drift and what they think is an improvement so people point their compass in a wrong direction and think it's the interface.

to repeat, in terms of technology essentially is one of these pathways that you think was an improvement but isn't whereas in fact in terms of consciousness and awareness it's the opposite of so it's an opposite effect so you really want less technology or less less materialism will give you moving more towards joining awareness.

Dimensionality in terms of mathematical understanding of dimensions is part of it but that the whole thing is to do with the wrapping up a consciousness to enclose it and reduce its ability to be able to see and do all things, so as you move further away from God which is the ability to do see and do all things as you move if you're actually in a more wrapped up state than that then you are not as able as God but you don't have the potential. Based on that idea that I've just mentioned if you make a choice you now have less choice. if you have taken a path you haven't taken the other one and that one's no longer available. You would have to essentially go back to regain that potential and that's what we do by being good and loving. You regain the potential as opposed to live in the actual,

Brian: so unless you become as children etc

John: You are right in saying you know dimensions if you treat them like a machine would in terms of just mathematical understanding of dimension can you you've lost the consciousness part this is this this comes about a lot in what people study you know they're losing this idea that awareness and science for instance is responsible for a lot of this because it says that consciousness comes from complexity and so in fact the competencies exactly pointing downwards toward more enclosure and more separation</p></div>

You know it you know based on what we're talking about here if the Observer is required for me to exist then the universe itself came from consciousness therefore consciousness cannot be a product of the Universe because it caused it because it

is already there. The atoms that are being produced and the Assumption of science is that it's going the other way that's why they're trying to make ai's conscious they think they're going to be conscious these things because they've increased the complexity to the level or they're getting closer and closer they think that when you get to the complexity of a brain then you're going to get this emergent function which is consciousness.

Brian: Klaus Schwab thinks he's absolutely right but he doesn't know his compass is pointed in the wrong direction.

John: It gets worse and worse and worse and you become more enclosed and when you die you go to that other interface so you you're attracted to one or at the other of the interfaces. Either the interface that brings all things together or the interface that separates all parts is that future that's where folks like him are heading without the knowledge that they're really doing it.

Brian: Someone said to me look all these people, all these members of Parliament bringing on all these rules and so on which will ultimately affect their own family and my response was that they themselves are being controlled by entities and by the time they realize it if they do at all it will be too late

Dimensionality is simply the elbows of restriction. The whole thing is to do with being less than God and yet in the thing is you have consciousness and so everybody that this is a human has the ability to return conceptually to the God state because your part of it so in fact you really never left it it's only the point of view of placing your consciousness separate to the All although the whole thing is the All it's just which way you look at it.

It's just which way you look at it<

Brian: I made a big decision yesterday morning not to watch the morning news. Because they all interrupt each other they were talking nonsense and as you say it's all predictable because you know what you can work it out for yourself what you're going to say and why. I've decided to listen to my TransWorldRadio which is a good Bible thumping really solid good station

Basically I'm existing on my own in this context even with Françoise of course she's not the same as my soul. What I do is I imagine that I am already in heaven so to speak and treat everyone as if we were one. In other words I include everyone (difficult but I try) and it does work rather well. My outrageous conversations with strangers do continue and actually I inflate them enormously and I just enjoy it just talking to someone as if you've known them all your life and they seem to take it. That's really good. I mean I know you John are good at this inclusivity as well but I'm pretty good also.

My Somerset Life

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- [My Somerset Life](#)
- [Diary Entries](#)
- [Writing a diary](#)
- [About, and User's Guide](#)
- [Creative Listening service](#)
- [Privacy Policy](#)
- [Contact](#)

- Thoughts

- Blood clots
- Enlight and Godlight
- Interacting with others + the disadvantage of being nice.
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- Personal energy and life readings
- Quantum Entanglement
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Do spam emails get on your nerves?

Morning coffee at Paulton All Saints

What a lovely day. Blue sky and sun. 11 degrees C. To the coffee morning at all Saints Paulton where I have not been for some time. I met a lady whose son is called Chris who is currently teaching at a very difficult class in a school in Frome. He does not seem to do any actual teaching. He spends his time explaining that you have to listen to the teacher, you should sit down and get off your tables and stop running around. There is a child there who sits on the floor screaming all the time and another one who has the manufactured attention deficit syndrome who makes noises and is disruptive. I'm not quite

sure what professional satisfaction a teacher can get out of that but good for him for at least making the effort.



Buckfast Abby main chapel

I had a chat with a couple who'd been to Buckfast Abbey and they assured me that it was a very restful place with beautiful scenery; the monks make meals including a Saturday breakfast. This is a place I will visit on my next journey to Dartmoor for it is on the way.

Spam Mail in all its glory

I thought that today I would have a look at some aspects of my wonderful spam mail. I dont know if my spam is anything like yours. Let me have some prize examples if you are inspired to do so.

himanshi <leahking84979@gmail.com>

Provide a Quote!

Do you want to rank your website on the 1st page of Google?

Comment: it's a dead giveaway that this person is not English and they are undergoing fishing expeditions for probably Indian companies where they get a small commission for a successful lead.

Don't Miss Out £50 triple stack coating is back.

Elevate your eyewear with our trio of premium lens coatings, worth £50. Don't miss your chance to etc.

Comment: when someone says 'don't miss out' this is a major turn off for me. It just means that they offering a few percent off

Need a last minute Mothers Day gift?

Comment: I suppose you have to write something but what if you don't have a mother? If I did it would remind me to buy a gift, a personally chosen one, in my local store

Pharmacy2U

As a valued Pharmacy2U patient we'd like to invite you to take part in a short survey to understand more about your views and experiences of using our service. The survey should take no more than 5 minutes

Comment: I find that such surveys inevitably take more than five minutes and I really can't think what benefit there is apart from to the firm who has been contracted to do the survey. My advice is listen to your customers and read their feedback. Most form fillers are lazy and just fill in the topmost category of satisfaction

Randolph Zins no subject line

Note that this message was also sent to 4017455 <4017455@ccpsnet.net>, alondra2023 <alondra2023@wlemail.com>, jamesjnrmooulder10 <jamesjnrmooulder10@co.za>, ggghh <ggghh@kkb.com>, qazxd <qazxd@here.net>, gjok gjokaj <gjok_gjokaj@icoud.com>, brian <brian@pobox.com>, myxynlsl <myxynlsl@duck.com>

Got an exclusive picture shoot for you here
<https://bit.ly/3IjU3cG>

Comment: I wonder why people even bothered to send such things when practically every available protocol in the book has been broken

Transform Your Life: Say Goodbye to Neuropathy Pain!

Comment: they are conflating two factors. **Transformation** and neuropathy pain. The solution of one rarely leads to the other

End Midnight! Nasal Filters 10% off! Use code NNF10 our nose filters are designed to prevent inhalation of harmful pathogens, pollutants and allergens

Comment: if you fell for the masks during the pandemic, you will probably fall for this one . I can see midnight coming and going when I'm sound asleep

no-reply@youversion.com Jesus **Resurrection is big news.** We were not meant to keep this to ourselves, Jesus invites us to share and celebrate his good news with the world

Comment: I don't like receiving unsolicited material no matter how well meaning but this is also anonymous and the web address youversion.com demonstrates spam to me

creativedestructionmedia.com

CT Centinal-The Church: Just One More Vehicle For The Connecticut Democrat Government To Use Against The Taxpaying Citizens Of Connecticut

Comment: this is what happens when you buy mailing lists. Your dot a scatter gun approach and fire them all over the world. They are not even selling anything so this seems to me to be quite desperate

Get back to me!

> Attn:Beneficiary> My name is Mr. Edward Adamu, the deputy governor CBN. Based on the newly elected President of Nigeria and the recent change of the Central Bank Governor, Dr Godwin Emefiele, The presidency Mr Bola Tinubu has mandated me to

handle your transaction. \$10,700,000 as being allocated for me. At least I can choose between three methods of payments, wire transfer, diplomatic cash payments and ATM card . Not quite sure about the latter. This is a national sport in Nigeria from whence this email was sent

Comment: you know the rest. If you want to have your bank accounts drained then supply them with the bank details and probably your credit card details as well. Just one more thing sir...

Your lucky Fairy. Website news.celebrities-au-rabais.fr

Welcome to the whirlwind world of Spinland, where excitement and big wins are around every corner! Kick off your adventure with a £3000 welcome package, including a 300% first deposit bonus and 100 Free Spins on Big Bass Bonanza.

Comment : yet another unlikely source for this spam originating from France. I am promised a thrill by riding in a virtual bumper car. I can't wait. This is a site hosted in Germany which we are helpfully told was seen 51 times between March 5th 2024 and March 5th 2024

Big name jewellery for the price of a meal

from: dealb.smart-push.online reply to support@clooin.com

I can get a bracelet with 3.5 mm diamonds for \$100 US

Comment: I don't think this was aimed at me somehow

Sun hor adalukey66@gmail.com

Let us work together to have this funds,

I am Chief Accountant/Executive with Foreign Trade Bank of (FTB) . I want to present to you as a beneficiary of \$32,640,000 here in my bank. Get back to me for more details.

Comment: it would help if you could speak English. I have been addressed as friend, dear, dearest

Amazon Marketplace. Bryan Snellgrove, regarding your recent order.....

Comment: no I will not take just a few moments of my time. You

are asking me about a delivery experience. The packet was pushed through the letterbox. Do I consider this action excellent, good, fair, poor, awful. It is difficult to describe this action in five categories. I will duck out of this one

A visit to a nutritionist

In connection with my continuing but hopefully improving stomach problems I went to see a nutritionist and Bowen practitioner Liz who lives and works locally. Liz was the one who offered a talk on health in Poulton and the only people came were those who knew her anyway and I advise to find a title that would more easily connect to people's everyday experience. When you are in survivalist mode, you don't have time to think of anything else than paying the bills. We talked about sheeps and goats with regard to the recent medical intervention the goats are becoming more goaty (that is not a real word I made it up)

Francoise had recently been to see her so I knew I was going to be in good hands. She knows quite a lot about my problem which is Barrett's Esophagus as she had it herself for 27 years and then cured herself with a regime which helps to alkanize the system.

I have taken so many pills for so many reasons over the years but I'm proud to say I am currently only on one pill, Omrazeprole, It is a PPI Proton Pump Inhibitor. I have been taking it for 10 years on and off. The trouble is that every allopathic pill has its price (side effects) and while all those systems are subdued and I can eat normally, it does have an effect on the biome, the environment of the gut. So it is a question of symptoms and root causes. I have purchased some

pills from her made by a firm called Elite Health. The full works consists of three items but I did a dowsing and found that the one item which seems to have been made in Poland is called pro-argi-9 Plus. It describes itself as a food supplement with amino acids, vitamins and reserpatrol. I have 30 packets.

I dowsed on this one regarding the periodicity and found that it was not one day, it was not two days, but it was one and a half days. Liz was delighted to confirm this as indeed the individual packets last for 36 hours. As is my habit and love I gave her or should I say her clients a brief remote view reading as a way of thanks but also because I just enjoyed the process. For those of you that do not believe me come up we are all connected, we are all one and that's what makes life exciting so if you don't find this mindset applies to you, try it and see how you feel in other words imagine you are in heaven. I promise you will not suffer in this experiment

Finally, some articles that I have had my attention drawn to:

Church of England Told to Raise £1 Billion to "Address Past Wrongs of Slavery" as Church Leaders Continue to fall Victim to race grifters

Met Office Must Account for the 'Junk' Temperature Data Propping up Net Zero Insanity Chris Morrison

Sadiq Khan's £150m Pay-Per-Mile Road Charging Scheme is Straight Out of the C40 Cities Playbook That Sets London Target of ZERO Private Vehicles by 2030

--VIDEO LIBRARY'---

10 Suppressed Technologies and The Silencing of Their

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- My Somerset Life
- Diary Entries
- Writing a diary
- About, and User's Guide
- Creative Listening service
- Privacy Policy
- Contact
- Thoughts
 - Blood clots
 - Enlight and Godlight
 - Interacting with others + the disadvantage of being nice.
 - Is Jesus only our local hero?
 - Loneliness or enjoying your own company?
 - Mobile phones – neutrinos and everything
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 - Quantum Entanglement
 - Sanity and Insanity – where do we go when we die?
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Make yourself more beautiful? – fun with an app.

Today turned out to be a very lazy day. Off to buy two dozen eggs at our local farm then onto the butchers for some fresh un pasteurized unhomogenised milk. Westfield Methodist Church is fast becoming our stopping off point of choice on a Saturday morning. We find the atmosphere even more open and friendly than the other church I normally go to on Tuesdays.

You sit down at a table with a perfectly ordinary group of local people and the chat goes where it flows. You just never know in advance but you always learn something especially when it comes to local knowledge (OK its gossip)

Do you how many eye conditions there are?

The local councilor was there and she has glaucoma. There are dozens of eye conditions but this condition is the leading cause of irreversible blindness and is characterized by damaged to the optic nerve- for now that connects the eyes to the brain. People with elevated eye pressure and older people of vulnerable to this condition which affects about 80 million people in the world.

Just For fun, think of the eye conditions that you are aware of. I have listed only those conditions beginning A to E If you want to see more, follow this link.

[To view, highlight the blank area below](#)

Eating habits, local parking

We discussed eating habits and I said that I was still eating like a teenager, probably not a good idea, and said that I was trying to have smaller meals but more frequently. In practice, Also I have a time-related condition. I don't have any food after six pm otherwise my esophagus valve (Barrett's) becomes lazy and induces me to repeat most of the food with a generous supply of acid.

The husband of one of the ladies has a quirk that he will eat through one type of food on his plate at a time and he likes his food spread out so there will be a small pile of carrots, broccoli, potatoes and he will demolish one pile after the other.

The Counselor discussed the threat to local parking if the area Council BANES decides to impose it and said that even if people had to pay a small amount per hour or per day they would go elsewhere for shopping and the economics of the area would be even more precarious. There is a woman at a small shop who comes in Frome and parks her car in the free car park

all day and could not sustain her business if she had to pay fees every day.

To our local Lidl to buy some necessary for the week. I wanted to use my new Lidl card but could not get an internet connection so that's what I call a bummer.

To the local Street Market which runs in the Town Square between 10 pm and 12 30 pm one Saturday a month. Francoise always loads up with fresh fish and there is a selection of fish, honey, cheese, local ciders, and someone making a great variety of bread.

How do we process all the information we read daily?

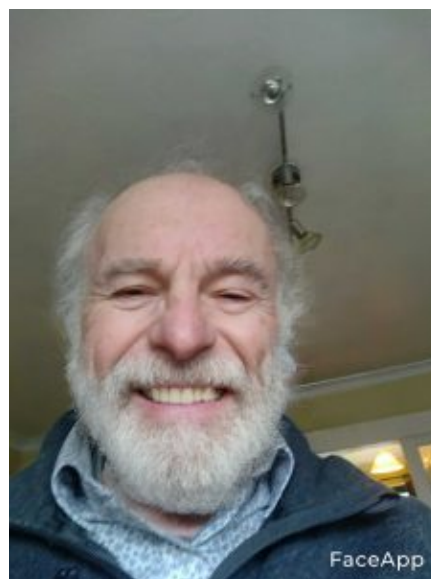
I experienced a small breakthrough, actually quite a large breakthrough, in my thinking and my efforts to deal with such a large amount of information. In brief, my conclusion is that we should think less about leaves and branches, and more about trunks and roots. If we understand the nature of human kind we can then figure out without any particular surprise what humans can get up to on a good day and a bad day and it should be classified not by manifestation of detail but about tendency towards unity or diversity.

Sadly the emphasis in MSM (main stream media) is on alarmist weather forecasts, wars which are of course diversity, dishonest and cruel behavior which is more before the courts, foolish things that people do to draw attention to themselves in thoughtless moments, various political initiatives causing us fear and anxiety. I feel we should be a little bit more like an eagle on a high tree watching things from above and noting movement

Is this App. an experiment in vanity?



Me being very cautious and figuring out how to use the app.



The same image + the 'smile' option and a beard.

In the afternoon I decided to entertain myself by experimenting with some of the apps on my Android that I seldom use. One of them was called Faceapp. You photograph yourself and then you can beautify yourself or anyone you photograph.

There are a vast range of features but most of them you have to pay for. In the example of I gave myself a smile and a beard (free).. The pro version costs 5 pounds a month or 30 pounds a year

My Somerset Life

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- My Somerset Life
- Diary Entries
- Writing a diary
- About, and User's Guide
- Creative Listening service
- Privacy Policy
- Contact
- Thoughts
 - Blood clots
 - Enlight and Godlight
 - Interacting with others + the disadvantage of being nice.
 - Is Jesus only our local hero?
 - Loneliness or enjoying your own company?
 - Mobile phones – neutrinos and everything
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- Personal energy and life readings
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IQ test, Private vs NHS Dentists, origin of words, the delights of application forms

First, an IQ test



We have been aware for some time that our pond has a leak. I

think it may have been due to the fact that roots of the water Irises have a strong desire to search for nutrition and they may have found a small crack in the rubber lining which they are exploiting. I decided to do an experiment, I let the water drain down to a stable level. It should be clear that the leak is not on the bottom of the pond but just above the present level of water. This makes my task much easier. When the weather is better I will ferret around and find the hole

Bad news and good news (depending on your view point)

On the news today I heard that Germany was trying to broker a peace deal between the Ukraine and Russia where Ukraine gives in and the war will cease. This was vetoed by the USA. Obviously, the profits from war are a part of their equation so who are we to argue? I wonder if we are in the first steps of World War III with talk in the UK of a call up, conscription. Not all news is bad. See the European-wide rebellion against the carbon tax based government edicts. The Farmers have blocked every highway into Paris.

To my (private) dentist



Off I go this morning to my beloved dentist. It is an odd appellation for a dentist but he has been very helpful to me over the last ten years or so and helped me recover from the string of indifferent treatments that I've had over the decades. My top right wisdom tooth broke into three pieces. You would expect this to be painful but the root had been removed so there was no pain, only the shards or fragments from the tooth which were biting into my tongue which is not particularly pleasant.

A few minutes into the 10 o'clock appointment, a quick examination lasting one minute, a numbing injection, a few tugs with the pliers, cracking sounds and a piece of cotton wool inserted with instructions to bite. Ten minutes, that's not bad, thank you dentist.

Overall, UK dentistry is not enjoying a very good reputation. particularly NHS dentistry, where it is almost impossible to get yourself on a list never mind being treated. I know that NHS dentists have very little time to complete their operation so let us say the time for doing a filling is 10 minutes, get paid for this and if they go over the time they get no recompense for it. There are actually three levels of charges depending on the complexity but I can see dentists working for the NHS having to cut corners due to time constraints.

There are three local dental practices who demand money in advance for what reason I have yet to determine. I know one of them that has a private person come in once a week but the charges are the same as for private practice. The condition of the teeth of children with their bad eating habits are a disgrace and I wonder how many youngsters will keep their teeth until adulthood.

Anyway, I was in time to go to my normal Tuesday coffee morning at All Saints Church in Paulton. The weather was good so I took a nice country drive from Bath via Timsbury to arrive shortly after 10:30. The conversation at this event is every day but has its points of interest. My friend Chris, who is a teacher, has started a new job with five to six-year-old children at a school in Frome. Evidently three of his small class have severe mental disturbances. One cries all the time, and another one rolls around on the floor, making any sort of teaching very difficult. Chris's mother says that he has to be a combination of adjudicator to fighting, psychiatrist, social worker and mediator, leaving little time for any actual teaching.

He also reported that he takes his sandwiches and other personal items with him and puts them in the drawers of his desk at the front. On one occasion he turned around to find that the children were rummaging in his desk. He had to put a 'no entry' sign up!. Chris is blessed with a laid back personality which is the only thing I can think of that will help him to survive in this new remit. I commented to his mum that these are 'lockdown children' who must have missed out in their development in one way or another.



A lady whose name I did not know was talking about the time she spent working as a room cleaner for Center Parks. She was let go because she did not work fast enough. She wanted to get back to her original interest of archaeology. She explained that most archaeological jobs are contract jobs and of these, some are voluntary.

They take place all over the country and so she does not particularly want to pay rent on property where she is not there. I suggested she buy a mobile home like a snail transports it's shell around with it and she had indeed been thinking along these lines.

Do you hate application forms?

She was talking about application forms and how difficult they were to fill in even with cut and paste. I have always held that people who designed forms should be forced to fill them in. If I were talking to a compiler of forms I would ask relatively few questions. I would first of all start by explaining the nature and scope of the job and what is expected. I would then write to the applicants asking them to feel in what way they could contribute to the greater cause and what their strong and weak points are. I know that when you do window dressing, you stand a risk of exaggeration, but

this could be clarified at a later point with a personal meeting or along chat by ZOOM or on the phone.

Some people are very good at filling in forms but have the strange habit of omitting certain factors which may not be in their favor. I would be suspicious of someone who changes jobs too frequently and I would always ask why someone left a job. I would rather rely on my own intuition and judgment than look at references because I know that these days employers are afraid to be critical for fear of being sued. People sue anyone for any reason these days. I call it sewage.

With a tranche of new politically correct rules and regulations there will be 'diversity and equality monitoring' questions so you should not leave those blank. You might get away with it with making applications to small companies. It's up to you to give answers to what may be in many respects stupid and brainless questions. I would also disclose any disabilities or difficulties you have at the same time I feel it is legitimate to mention your achievements without sounding hubritic.

Two English words examined

In connection with my great love of the English language, two words have attracted me in the last hours, coax, and dote.

'coax' is a transitive verb which means to carefully manipulate someone or something into a particular desired state, situation or position. With objects, it is something that requires delicacy and attention for example coaxing a wire through a pipe. On the human level, it's about making a pet of, to fondle, to caress, to treat endearingly with the desire of changing our modifying behavior. On the level of animals, you are coaxing sheep to go into a pen or perhaps you would choose to use the word herd. I suggest that 'coaxing' is more animal friendly than 'herding' or 'corralling' which is used more with large group of bovines or wild animals.



'dote' was a word that came to mind when I saw a grandfather doting on his grandchild. The word dote however has mixed meanings. It can show excessive fondness or love, it can relate to foolish actions, or finally it can be to be weak-minded, silly, or idiotic: to have the intellect impaired especially by age so that the mind wanders or

wavers.

It was used from the late 13th century from the old French aage, eage from the words age, life, lifetime, lifespan, maturity, so this is definitely associated with older people. It does not mean that the object of the attention is worthy of it. Rather it describes the overarching attitude of the one who dotes

Can I 'dote' on this diary? Not really. Its more for people. My interest is more pragmatic. I can think of some words that I can use. I could say cherish or love but I don't say either of these things. I would rather be the safeguarding officer. Perhaps I am the keeper or the perpetuator of the idea of diaries. I am a sustainer and upholder of the values.

Doting applies to people and animals.

And finally...

I had a very good lesson in management technique from Trailfinders whom I called yesterday to ask about a visit somewhere. Last time I contacted them, 2014, I noted that they greeted me by name. In other words there's a connection between the customer and their phone number. I started my conversation with the young lady by asking if this system was still in operation. Her reply was ' you last traveled with us in 2014 when you went to Cape Town'. I had no answer to that.

I heard about a very bad lesson in management on the news this morning. The army are having great difficulty in recruiting and retaining. The reason so I am told and it does make sense is that they have outsourced their recruiting to a company who is obviously mainly interested in numbers. They find the recruiting rate is lower and the retention rate is lower. The reason was that they did not get to meet real army or navy people and so did not feel a sense of connection. On paper this move to outsourcing may have saved money but in practice it did not work.

If you are entering a crowded market with a new idea you have to find some way of distinguishing yourself from others in order that the word can get around. Word of mouth is the most powerful thing and I got my last set of clients from a chance meeting with a woman called Barbara who was at Chalice Well during a celebration. I want to have any people take notice of advertisements these days. The best is person to person contact. It always has been and always will be.

My Somerset Life by Brian Snellgrove

With over 1 million words and 7,130 images.

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