

My Somerset Life

A diary by Brian Snellgrove

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When to engage a skeptical person

Following on from yesterday, our weekend conference did continue so I watched through the Sunday sunshine yesterday and finished off watching a couple of presentations this evening. We heard first-hand from someone who'd been on the riots so-called riots in Paris – the yellow jackets – and hence seeing and hearing how a European police force had mercilessly fired soft bullets at people for just parading peacefully. Many people have lost an eye when rubber bullets were fired at them. Police used CS spray gas with poisonous substances in on young, old, people in wheelchairs, but anyone with a banner.

It's amazing that people that go to such marches on what courage they have. The witness thought that Macron the President of France is turning into a dictator. She thinks he has his eyes on being the president of the European Union.



It is a late hour, nearly midnight, but I want to reflect on the numerous conversations I've had with people who simply don't believe what I'm saying about an alternative view of the world. One of the people talked about the five stages.

1. **Cognitive dissonance**: "ha ha you are a conspiracy theorist"
this can be the first stage to waking up that it is questionable whether any value can be gained when a person is so prejudiced that they are unlikely to hear what you have to say.
2. A person can be **angry** " Maybe it is the Stockholm syndrome" they say. (This was when people were imprisoned and eventually fell in love with their captors).
3. **negotiation** – could the theory that you have be a coincidence? At least the person is engaging.
4. **depression** – the person will say when listening to you "is it that bad?" At that moment you can certainly have a conversation in which you present the facts.
5. **acceptance** – when they admit that the world is not what the mainstream media would have them believe. It's what we call 'accepting the red pill' as in the film "the Matrix". Then, they are probably on your wavelength than it's worth spending a lot of time sharing your experiences.

If a person in the normal course of their life have three or four such kindred spirits they are rich indeed because most people through fear cling to an illusory world. How many people realise that our Prime Minister of the United Kingdom Teresa May, has all the time behind the scenes been signing up to the European police force and making sure that we never actually leave the European Community. That is why she is deliberately stalling and making impossible demands. I believe that all politicians are either bribed or blackmailed and end up following the steps of the corporate masters.

Incidentally, did you know that the United States of America is a corporation not a country? On that rather dystopian note it is time for bed.

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What is a 'waste of time?'

I went off to Wetherspoon's this morning to have breakfast in anticipation of another day sitting watching amazing presentations on various aspects of alternative reality. (See yesterday's diary). I returned home by nine o'clock – having had an excellent egg Benedict – to find a blank screen. At half-past nine came an apology. Sorry we cannot bring you the service today. My guess is that they ran out of bandwidth. In other words, you are allowed to upload so much material to the world in general from your website in any given 24-hour period; after that red flags go up, and you cannot upload any more data.

From the organiser's point of view, it may have been impossible to estimate the amount of bandwidth especially as some people sign up to receive it at the last moment. Goodness only knows how you negotiate with a network provider at nine o'clock on a Sunday morning. My guess is that there would have been a large amount of talking to answering machines and "please get back to me as soon as possible"

So, I can spend the day looking at a blank screen which says "AV 10 Weekend Livestream" or I could turn my attention to something else. There are a million things that I need to do. The shed needs a good clean out, I have a mountain of filing to do, the attic needs some items thrown away finally, I am halfway through one or two interesting books.

However, the sun is shining.

No one is holding a gun to my head. I have the choice to do – something or absolutely nothing. 'Absolutely nothing' does not include watching TV which is a state of mind which can become

unrelaxing and counter-productive if the material is either violent or fake news. By fake news I mean main stream news – but let's not go there on a Sunday morning. I think I shall just BE for a time. In fact, for as long as I feel like it.



“happiness is doing nothing, and then resting afterwards”

“sitting next to you doing absolutely nothing means absolutely everything to me”

“doing nothing is very hard to do – you never know when you're finished”

“it may look like I'm doing nothing, but I'm actively waiting for my problems to go away”

“sometimes the most important thing to do is to do nothing”

“idleness is fatal only to the mediocre”

That last quote was from Albert Camus. On that philosophical note I will close my diary and it's only 10.43 in the morning.

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A day sitting in front of the computer

Due to my electro-sensitivity I found myself unable to go to Alternative View 10, an annual conference over three days run at a large hotel in Hertfordshire. I did a pendulum reading on whether I should go or not and I obtained the following ratio +2, -3. This means that the disadvantages would have outweighed the advantage. I decided to take the streaming version of the conference where for £74 you can view all the talks from Saturday morning until Monday. I know that had I attended, I would be hammered. I have recently reached my critical limit for cumulative exposure to all sorts of electromagnetic fields including dirty electricity.

Once that happens you are a sitting duck for fields. God help us when and if 5G comes on us. 24/7 microwave radiation. You might as well sit in a microwave oven. I have not talked much about my dowsing but I use it as a form of Remote viewing and a stimulus to the 'picture department' as I call my psychic side so the reading I have shared with everyone is a small part of my work.

The AV day was dystopian in its context. One speaker was talking about complete corruption of the government with regard to the suppression of child abuse. Another speaker, David Noakes, had produced a wonderful method for curing cancer yes curing cancer but he fell foul of the pharmaceutical industry and their desire to make profits so was imprisoned for six months. His wife has been indicted for

a similar set of charges most of which were trumped up. She will be extradited to France in a few days. Quite why France when she is a Brit I cannot figure out.

The message is this. If you dare to find a cure for cancer or a cheaper way of doing anything you will be taken out. You may be killed (suicided), falsely prosecuted, or otherwise drowned out of your business. David Noakes had all his bank accounts closed and was left with no money – all for providing a service which healed hundreds of people from cancer at a fraction of the price without any side effects or deaths.

There is absolutely no question that this world is run by evil psychopaths. I must admit my head is a bit full of dystopian material as I write this. I started watching at nine o'clock this morning and finished watching at 10 PM

Time for bed and more of the same tomorrow

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The importance of giving thanks, and of being acknowledged

I experienced a particular event which caused me to reflect on the whole matter of 'giving thanks'. For a start, in my opinion the giving thanks is not an optional extra. It is an acknowledgement of the effort, time and money that someone may have put into a venture. Last December I built from scratch a new network for people who have participated in a particular conference. The idea was to continue the personal fellowship that had been experienced during the conference so that the participants would feel less lonely or isolated when they were in a state of physical separation from those on their wavelength.

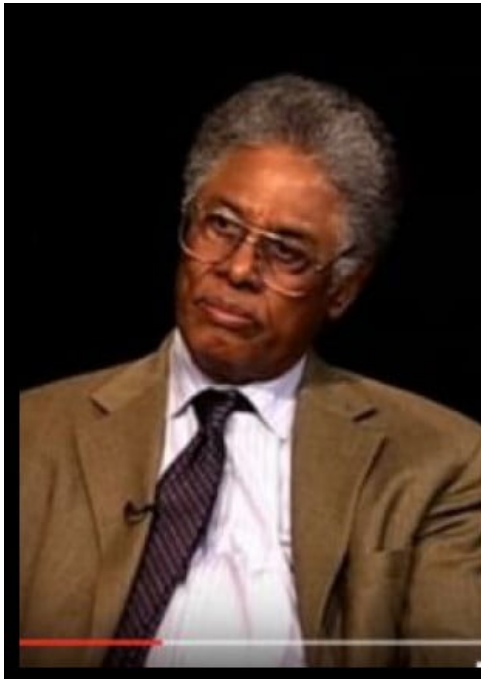
The organiser of the group was aware of the initiative but

unfortunately did not find it within himself to give support on his websites or verbally so as a result the number of members – about 12 – did not reach the critical takeoff point which I reckon would have been about 30 or 40. Eventually, I got tired of funding a project where no one was taking part and decided to close it. I suppose the cost to me was about maybe £600 but that was nothing compared with the hours that I put into it.

I had cause to speak to the organiser for whom I have a high regard and told him about the low take-up. His response was that it did not achieve the necessary traction. I would like to have heard “I know you went to a lot of trouble with this and I’m very sorry to hear that it did not work out” but he simply moved on to another topic. I’m a very independent person and have plenty of self-motivation and drive but lack of acknowledgement I found very hard to deal with. Of course I will recover and get on with life.

In my turn and in any event I endeavor to thank people as much as I can for what they have done or attempted even if it’s a little thing they have tried to do, just turning up to a meeting for example. They did not have to come but they decided to do so because they felt there was something they wanted to share.

Without society, what is there left?



Without a moral framework, there is nothing left but immediate self-indulgence by some and the path of least resistance by others. Neither can sustain a free society.

- Thomas Sowell -

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f the United Kingdom are doing their very best to break us down as a community by default with their ridiculous acknowledgement of Political Correctness, unnecessary cuts, and a justice system not worth the name. Chris Grayling our transport Minister is frittering away money faster than I could tear up £20 notes. Mrs May, the Prime Minister.... I have run out of things to say. She has tried to put the same motion for Brexit through Parliament three times, and three times she has been rejected yet she still goes on. I can only think that she is beholden to some political and economic pressure behind the scenes.

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A quiet time for myself

Perhaps it is out of guilt or panic that we spend time trying to make the world a better place. I have no objection to those actions, but it's the motive for it. What about making life better for us? Surely, if we are in good order and full of energy we can be of far greater service to others than if we are half exhausted.

My son Mark left two days ago and we had a very valuable exchange. He is shortly to be married and all sorts of

discussions about the practical and philosophical aspects needed to take place, they did so with good effect.

Yesterday's weather was not brilliant, and this morning saw the heavens pouring. I decided to light a fire so we spent most of the day drowsily sitting in front of the heat. I read a book about the cleansing of the liver, we watch TV or should I say sat in front of the TV and slept some of the time and woke up some of the time.

I feel there is a difference between self-serving, self regard and selfishness. Self-serving is a system which benefits yourself at the expense of others, self regard is when you respect yourself enough to look after yourself and maintain yourself, selfishness is ignoring the feelings and wishes of other people to pursue your own ends. I'm talking about the middle path here. Yesterday and indeed today, we are not doing much whatever 'doing' means.

I met a new customer where we are going to have to clear the garden. She was a delightful and grateful lady in her 80s and had been recommended by someone else. I always get an extra kick when I'm recommended because it means that our well-meaning efforts are bearing fruit.

This afternoon, I collected some unwanted pots, garden pots, from a new garden customer. We took a few pots for ourselves and then took the rest to the allotment of which I am the chairman for giving out to anyone who felt the need for a pot



In a healthy society I believe that barter and exchange is much more ecologically friendly apart from saving people lots of money

With many garden jobs the main problem lies in access. I hate dragging spoil through a house. It makes a mess and it is also so easy to break things. I gave a quote recently and forgot to check access and realised there was none. Parking is another problem. I have a large car, a Volvo V 70 estate. It is long and wide so it is easy to get stuck in a narrow lane without realising it so it's no good going for a job along a narrow lane where you cannot turn round.

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